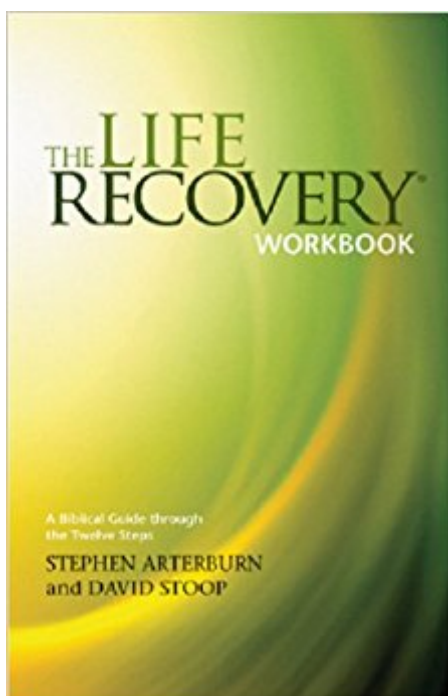


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# The Life Recovery Workbook: A Biblical Guide Through The Twelve Steps



## Synopsis

As a complement to The Life Recovery Bible (more than 800,000 copies sold), The Life Recovery Workbook leads the recovering addict into reflection and practical application. By placing the 12 steps of recovery into a firm biblical context, the workbook brings scriptural principles into personal focus. Contemporary "Recovery Profiles," expanded descriptions of each of the 12 steps, and open-ended questions work in unison with The Life Recovery Bible. Far more than just teaching about the 12 steps, the workbook is a guide to an in-depth working of the steps, making the principles of recovery come alive for "one day at a time" living.

## Book Information

Paperback: 128 pages

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Average Customer Review: 4.7 out of 5 stars 147 customer reviews

Best Sellers Rank: #16,755 in Books (See Top 100 in Books) #17 in Books > Christian Books & Bibles > Ministry & Evangelism > Counseling & Recovery #27 in Books > Health, Fitness & Dieting > Addiction & Recovery > Twelve-Step Programs #32 in Books > Christian Books & Bibles > Worship & Devotion > Meditations

## Customer Reviews

It's time to take the first step! This workbook is about transformation: from death to life, from addiction to recovery. It is about walking with God, humbly accepting and doing his will. As you work through each of the Twelve Steps, you'll discover challenging spiritual lessons that will allow you to live your life free from addiction. Features include: Profiles of Recovery Each step includes a real-life story of a fellow traveler on the road to recovery. As they share their experiences and successes you'll be comforted, encouraged, and inspired. Guided Questions Open-ended questions, designed to encourage introspection, personal growth, and self-discovery, will give you the tools needed to build a renewed life grounded in biblical truth. Scripture Helps Foundational verses point you back to the Bible and help to guide you through

the Twelve Steps. Though the path to recovery is hard work, it is definitely worth the effort! God will be with you on this journey as you find freedom, healing, and peace of mind.

My preferred Bible translation is the NASB, and so far I have not found a "recovery" Bible in that translation, but this Bible is chock full of applications, lessons and exposition on the scriptures that can make a big difference to someone in recovery. And these are spread out throughout the printing -- so even if you just go to pull up a favorite verse or do a little spontaneous Bible reading, there is always going to be some additional recovery material on those pages to read as well.

This workbook will help focus a person's thoughts to be able to proceed. It is certainly not an end all be all to changing one's life and is more meant to guide than be all inclusive. Strangely, the quality of the pages and binding far exceeds that of the paperback version of the Life Recovery Bible. My advice is to scan or copy the pages so if you feel the need to redo them later you can.

This is a great workbook for those of us that are believers in the Bible and are in recovery. For me personally, it doesn't take the place of a Bible study or an AA meeting. But it makes the two of them better. I am glad I bought this book. I use it with a bunch of guys that meet once a week to discuss the steps and Biblical emphasis.

This is a very well put together 12-step book for those addicts following a Christian based 12 step program. A perfect companion for their Bible of the same name. Only problem that I ran into was that the font size was a little small for me, but other than that very good workbook. I use it for all my Christian Faith Based A & D groups. Excellent! Bought several cases!

Bought this for a friend who said it really helped her.

I need larger print for comfort.

Gift, I don't know if it meant expectations, but I have not received any concerns from the receiver.

I always appreciate anything that is done in connection with the Life Recovery Bible. It is the best thing out there that focuses on clear biblical principles for true recovery versus short lived coping skills. The Life Recover Workbook (12 Step Guide) is a perfect companion. ~~~ "Everyone is

recovering from something." I don't know who said that first, but it is true, and everyone can benefit from going through the 12 steps. The workbook is a perfect way to do that in a group or on your own.

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